

## CURRICULUM VITAE

**BEBE MAKENA, OTD, MOT, MS, OTR/L**

May 2021

### Education

OTD	2021	Occupational Therapy, Texas Woman's University
MOT	2017	Occupational Therapy, University of New Mexico
MS	2012	Psychology, Walden University
BA	2000	Geography, University of Toledo

### Doctoral Capstone

Is sensory integration an effective intervention for posttraumatic stress disorder in adults?

*March 1, 2021, Patricia Bowyer, EdD, MS, OTR, FAOTA [Faculty Mentor, co-author]*

### Professional Certification/Licensure

Occupational Therapist, registered and licensed, New Mexico OT3933

### Employment

August 2018 to present: Owner, Occupational Therapist for Painted Sky Therapy LLC

October 2018 to present: Occupational Therapist for Mountain Home Healthcare

June 2018 through October 2018: Occupational Therapist for Christus St. Vincent Regional Medical Center

February 2018 through July 2018: Occupational Therapist for East Mountain Physical Therapy

October 2014 to October 2016: Rehabilitation Assistant for Christus St. Vincent Regional Medical Center

June 2013 to October 2014: Small Business Health Options Program Coordinator for The New Mexico Health Insurance Alliance & Exchange, and The Hire Firm

October 2010 to September 2010: Psychiatric Patient Attendant for The University of Michigan Hospitals via Manpower, Inc.

September 2009 to September 2010: Emergency Medical Technician for Rural Metro Ambulance

April 2002 to May 2009: Business Services Supervisor for The Metroparks of the Toledo Area

## TEACHING

### **Doctoral Capstone**

Bebe Makena, Is sensory integration an effective intervention for posttraumatic stress disorder in adults? 2021, lead author

### **Master's Capstones**

Bebe Makena, Effectiveness of Occupational Therapy Interventions for Osteoarthritis: A Systematic Review, 2017, second author

Bebe Makena, The impact of low socioeconomic status on the mental health of Native Americans, 2012, author

### **Master's Professional Poster**

Bebe Makena, Effectiveness of Occupational Therapy Interventions for Osteoarthritis: A Systematic Review, 2017, second author

*Presented at the American Occupational Therapy Association annual conference in 2017*

### **Other Scholarly Teaching, Mentoring and Curricular Achievements**

Developed and instructed on a guide for greenhouse and field operations encompassing occupational therapy interventions to improve continued participation of veterans for Not Forgotten Outreach, 2017

Provided informal academic writing mentorship to two fellow students in my MOT degree program at the University of New Mexico, 2015 through 2017

Developed and coordinated a service-learning program between the University of Toledo Geography Department and the Toledo Zoo, 1999 to 2000

## SCHOLARSHIP/CREATIVE ACHIEVEMENTS

### **Refereed Publications or Other Creative Achievements**

1. Poole, J., Makena, B., Siegel, P., Velasco, E. Latham, A., & Qunilan, J. (2017). Effectiveness of Occupational Therapy Interventions for Osteoarthritis: A Systematic Review [Poster]. *American Journal of Occupational Therapy*, 71. <https://doi.org/10.5014/ajot.2017.71S1-PO5143>

### **Non-Refereed Publications or Other Creative Achievements**

1. Poole, J., Makena, B., Siegel, P., Velasco, E. Latham, A., & Qunilan, J. (2017). Effectiveness of Occupational Therapy Interventions for Osteoarthritis: A Systematic Review [Poster]. *American Journal of Occupational Therapy*, 71. <https://doi.org/10.5014/ajot.2017.71S1-PO5143>
2. Makena, B. (2015). A discussion of individualism, collectivism, and the ecological model. *Best Student Essays*, 27(2), 38-40.

- Makena, B. [formerly Frankenberg, L.]. (2009). Know your customers' requirements in tough economic times. *OPRA Connection*, online version, archived. Copy available with author.

### **Presentations at Professional Meetings**

American Occupational Therapy Association Annual Conference, Philadelphia, PA, 2017

*Poster:* Effectiveness of Occupational Therapy Interventions for Osteoarthritis: A Systematic Review

*Citation:* Poole, J., Makena, B., Siegel, P., Velasco, E. Latham, A., & Qunilan, J. (2017). Effectiveness of Occupational Therapy Interventions for Osteoarthritis: A Systematic Review [Poster]. *American Journal of Occupational Therapy*, 71. <https://doi.org/10.5014/ajot.2017.71S1-PO5143>

Ohio Partnership for Excellence Quest for Success Conference, Columbus, Ohio, 2008

*Presentation:* Budget & strategy: The other side of stewardship.

Ohio University's 3rd Annual Recreation Conference, Athens, Ohio, 2008

*Presentation:* Metroparks best practices presentation.

Ohio Partnership for Excellence Quest for Success Conference, Columbus, Ohio, 2006

*Presentation:* Metroparks Best Practices Table Presentation.

### **Honors and Awards**

PsiChi Honor Society

Phi Alpha Theta Honor Society

Metroparks Board of Park Commissioners "Above and Beyond" award (2008)

Metroparks Community Volunteer Leave Award (2005 and 2007)

### **Scholarly Works in Progress**

Makena, B., Bowyer, P., Washington, L., Edmonds, J., & Peters, D. (2021). *Is sensory integration an effective intervention for posttraumatic stress disorder in adults?* [Unpublished doctoral capstone]. Texas Woman's University.

Poole, J., Makena, B., Siegel, P., Velasco, E. Latham, A., & Qunilan, J. (2017). *Effectiveness of Occupational Therapy Interventions for Osteoarthritis: A Systematic Review* [Unpublished doctoral capstone]. University of New Mexico.

## PROFESSIONAL SERVICE

### **Service Activities for the Component, College, University**

2016: Coordinated MOT program involvement in University of New Mexico annual memorial service for those who donated their bodies to research

## **Service to the Community**

2016: Coordinated MOT program involvement in University of New Mexico annual memorial service for those who donated their bodies to research

2012 to 2014: Volunteer Court Mediator, Sandoval County Magistrate Court

2005 through 2007: Volunteer Organizational Examiner, Ohio Partnership for Excellence

2002 to 2008: Volunteer Search and Rescue Responder and Administrator, Safety and Technical Rescue Association

1997 to 2000: Volunteer Educator, Toledo Zoo

## OTHER

### **Significant Professional Development Activities: Other Teaching Experience**

Mountain Home Healthcare, Taos, New Mexico, 2019

*Workshop:* Patient-Driven Groupings Model.

Christus St. Vincent Regional Medical Center, Inpatient Rehabilitation Unit, Santa Fe, New Mexico, 2015

*Workshop:* Applying the Principles of 6-S.

Metroparks of the Toledo Area, Toledo, Ohio, 2006, 2007, 2008, 2009

*Workshop:* Strategic Plan Annual Workshop.

Metroparks of the Toledo Area, Toledo, Ohio, 2006, 2007, 2008, 2009

*Workshop:* Three-Year Planning Workshop.

Metroparks of the Toledo Area, Toledo, Ohio, 2008

*Workshop:* Facilitation Training Using the Principles of Compression Planning.

Ohio Partnership for Excellence Quest for Success Conference, Columbus, Ohio, 2008

*Presentation:* Budget & strategy: The other side of stewardship.

Ohio University's 3rd Annual Recreation Conference, Athens, Ohio, 2008

*Presentation:* Metroparks best practices presentation.

Metroparks of the Toledo Area, Toledo, Ohio, 2008

*Workshop:* Basic FinX user training.

Metroparks of the Toledo Area, Toledo, Ohio, 2007

*Workshop:* Volunteer facilitator training.

Metroparks of the Toledo Area, Toledo, Ohio, 2006

*Workshop:* Benchmarking Basics.

Metroparks of the Toledo Area, Toledo, Ohio, 2006

*Workshop:* Measures 101.

Ohio Partnership for Excellence Quest for Success Conference, Columbus, Ohio, 2006

*Presentation:* Metroparks Best Practices Table Presentation.

Safety & Technical Rescue Association, Detroit, Michigan and surrounding areas, 2004, 2005

*Workshop:* Community Emergency Readiness Trainings.

Metroparks of the Toledo Area, Toledo, Ohio, 2003, 2004

*Workshop:* Employee Innovation Workshops: Idea Development, Suggestion Process, and Evaluation Process.

The Toledo Zoo, Toledo, Ohio, 1997 through 2000

*Instructional Programming:* Multiple Zoo Snooze, school-based, and zoo-based educational programs, involving the handling of zoo educational animals, provided to children and their chaperones.